



Spinach Artichoke Dip in Wonton Wrappers

Shopping List

- 1 ½ cups – Artichoke Hearts
- 1 cup – Frozen Chopped Spinach
- ¼ cup – Sour Cream*
- ¼ cup – Mayonnaise
- 6 oz – Cream Cheese*
- 1/3 cup – Parmesan Cheese
- ¼ tsp – Salt*
- ¼ tsp – Garlic Powder
- 12 oz – Wonton Wrappers
- ½ tsp – Red Pepper Flakes
- Cooking Spray*

*This ingredient is also used in another recipe in the series